

TRAVEL ESSENTIALS



4 SLEEP SOUNDLY

You never know where you'll end up sleeping when you're travelling, so why take chances? Introducing your own DermaTherapy bed linen, the first of its kind to be approved by the FDA (American Food & Drug Administration) as a Class I medical device for alleviating mild dermatitis or eczema. DermaTherapy sheets and pillowcases are lightweight and have anti-microbial and 'soil release' properties that prevent dampness and friction. For further information, visit www.dermatherapybedding.co.uk

5 JACKET OF ALL TRADES

You can still be stylish while being active and adventurous. This blue Berghaus soft-shell jacket has been designed to fit ergonomically and keep off light rain and spindrift. Made of 72% nylon, 18% polyester and 10% elastane, it has a brushed reverse for insulation, a roll-away helmet-friendly hood and two zip chest pockets with an easy-to-open gripper tab. Retailing at £64.99, the Berghaus jacket is available from www.mandmdirect.com

6 SMART AND SPORTY

The new snazzy RPM backpack from JanSport's new Adrenalin range is ideal for the traveller on the go (or on the run). This backpack is equipped with mesh imper pods, two main compartments, an air-ventilated, fully padded back panel, laptop sleeve and water bottle socket. For more information, visit www.jansport.com

7 NO MORE EXCESS BAGGAGE

Put an end to stressful delays caused by over-the-limit baggage weight. Balanza, a portable battery-operated digital luggage scale, is a smart gadget you can't do without, especially when embarking on a long-haul journey or stocking up on exotic bargains.

Just attach your suitcase to the strap and lift the scale until it beeps. The weight will be shown in an easy-to-read digital display in both kilograms and pounds. The handle is strong enough to weigh up to the maximum weight of 44kg (100lbs) and is accurate to within 0.1 kilograms. Balanza retails at £19.99 and is available from www.balanza.co.uk For stockists, call 01234 744 787.

